

All Cannings PE Overview - Skills

Year B

Term	Cog	Skill/FUNS KS1	Skill/FUNS LKS2	Skill/FUNS UKS2	PPA PE/Lavington	Swimming	
1	Physical	Co-Ordination with Equipment/Agility - 8	Agility - Reaction/Response - 12	Static Balance - One Leg Standing - 1	KS2 - Ball/Equipment Skills (cricket) KS1 - /Class 2	N/A	
2	Physical	Agility: Reaction/Response - 12	Static Balance - Floor Work - 3	Dynamic Balance to Agility - 6	KS2 - Ball Skills (netball)/Class 3	Year 4 & 5	
3	Social	Static Balance - Seated - 2	Dynamic Balance to Agility - 6	Dynamic Balance - 5	Y4 - Movement (Dance)/Class 1	Year 4 & 5	
4	Social	Dynamic Balance to Agility - 6	Static Balance - Seated - 2	Counter Balance in Pairs - 7	Class 2	Year 4 & 5	
5	Health & Fitness	Agility - Ball Chasing - 11	Agility - Ball Chasing - 11	Static Balance - Small Base - 4	Class 3	Year 6 - non-swimmers	
6	Health & Fitness	Static Balance - Floor Work - 3	Static Balance - Small Base - 4	Co-Ordination - Floor Movement Patterns - 10	Agility (athletics)/Class 1	Year 6 - non-swimmers	

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Term	Cog	Skill/FUNS KS1	Skill/FUNS LKS2	Skill/FUNS UKS2	PPA PE/Lavington	Swimming	
1	Personal	Static Balance - One Leg Standing - 1	Co-Ordination - Floor Movement Patterns - 10	Agility - Ball Chasing - 11		N/A	
2	Personal	Co-Ordination - Floor Movement Patterns - 10	Static Balance - One Leg Standing - 1	Co-Ordination with Equipment - 8		Year 4 & 5	
3	Creative	Counter Balance in Pairs - 7	Co-Ordination with Equipment - 8	Static Balance - Seated - 2		Year 4 & 5	
4	Creative	Co-Ordination - Ball Skills - 9	Counter Balance in Pairs - 7	Static Balance - Floor Work - 3		Year 4 & 5	
5	Cognitive	Static Balance - Small Base - 4	Dynamic Balance - 5	Co-Ordination - Ball Skills - 9		Year 6 - non-swimmers	
6	Cognitive	Dynamic Balance - 5	Co-Ordination - Ball Skills - 9	Agility - Reaction/Response - 12		Year 6 - non-swimmers	